

LEARN, PRAY, PARTICIPATE, CONNECT

WELCOME TO CONGREGATION Or Zarua SHABBAT SHALOM



PARASHAT AHAREI MOT BIRKAT HAHODESH SHABBAT MAHAR HODESH

Friday, May 3, 2019

Minhah/Ma'ariv 6:30 pm

Candlelighting, 7:36 pm

Saturday, May 4

Shaharit, 9:00 am

Mazel Tov to Ethan Lader and his Family on his becoming Bar Mitzvah

Youth Shabbat Services

Torah Tots (Nursery/Pre-School/Pre-K) 11:00-11:45 am

Torah Kids (Elementary School) 11:00-11:45 am

Shabbat Ends 8:34 pm

SERVICE TIMES FOR MAY 5-10, 2019

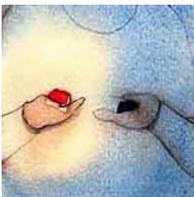
Sunday, Rosh Hodesh, Ethan Lader continues his celebration of becoming Bar Mitzvah, 9:00 am, followed by breakfast

Monday, Rosh Hodesh, 7:00 am, followed by breakfast

Tuesday-Friday, 7:15 am, followed by breakfast

Minhah/Kabbalat Shabbat Friday, May 10, 6:30 pm

Candlelighting at 7:344 pm



Main Sanctuary, 2nd Floor
Sanctuary Balcony, 3rd Fl.
Social Hall, 1st Floor
Library, 4th Floor
Coatroom and Restrooms,
Lower Level

Scott N. Bolton, *Rabbi*

Dr. Harlan J. Wechsler, *Rabbi Emeritus*

Diane Okrent, *President*

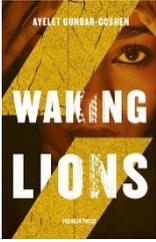
Helene Santo, *Executive Director*

Sigal Hirsch, *Director of Youth Education & Programming*

127 EAST 82ND STREET, NEW YORK, NY 10028 212.452.2310 WWW.ORZARUA.ORG

OZ Book Discussion

Sunday, May 5, 7:30 pm



Congregant Dale Stern will lead the discussion on "Waking Lions," by Ayelet Gundar-Goshen. Winner of the Jewish Quarterly Wingate Prize, "Waking Lions" is the story of Eitan Green, a successful neurosurgeon with a wonderful family, who accidentally hits an African migrant while at the wheel of his SUV. While fleeing the scene, Dr. Green loses his wallet. Ayelet Gundar-Goshen was born in Israel in 1982 and holds an MA in clinical psychology from Tel Aviv University. She has worked for the Israeli civil rights movement, and is an award-winning screenwriter. She won Israel's prestigious Sapir Prize for best debut. *Waking Lions*, her first novel published in the U.S., has been translated into nine languages.

Movie: Above & Beyond

Wednesday, May 8, 7:00 pm

Join us in honoring Israel Independence Day/Yom Ha'atzmaut with a light sampling of delicious Israeli foods followed by this inspiring movie. In 1948, a group of World War II pilots volunteered to fight for Israel in the War of Independence. This ragtag band of volunteers from abroad not only turned the tide of the war, preventing the possible annihilation of Israel at the very moment of its birth; they also laid the groundwork for the Israeli Air Force. "Above and Beyond" is their story. The movie will be followed by TalkBack/informal discussion. Sponsored by OZ's Keshet Israel. RSVP dwenger@orzarua.org.

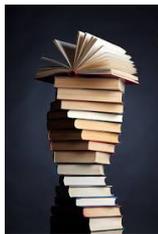


Flames of the Heart: Lag B'Omer Event

Wednesday, May 22, 7:00 pm



Explore the symbolism of fire in Jewish tradition and the power of firemaking in wilderness therapy in this community awareness program with Jory Hanselman, director of BaMidbar Wilderness Therapy. This Lag B'Omer evening of learning will focus on health and wellness. How do we as a Jewish community increase awareness and decrease stigma around mental health challenges, to create healthy, whole, and supportive communities. Rabbi Scott Bolton will explore the the symbolism of fire in Torah and other texts, and Jory Hanselman, featured presenter, will examine the intersection of Jewish tradition, wilderness experiences and whole health wellness. With a Lag B'Omer backdrop, we will celebrate as a community and take pride in opening our hearts to hear about firemaking and other therapeutic approaches of outdoor behavioral healthcare. Sponsored by Or Zaru'a, BaMidbar Wilderness Therapy, Ansche Chesed, Reshet Ramah and USY (USCJ's youth movement). RSVP to dwenger@orzarua.org.



Book Drive May 1-23, collection box in the lower level

The Residences of the Neighborhood Coalition for Shelter, which we have supported for many years, and an affiliated program, Chance for Change, are looking for the following for their residents: lightly used adult fiction and nonfiction books; DVDs. NO text books. Please deposit in the collection box in the lower level near the coat room. *Chance for Change is a licensed outpatient substance use treatment program, to serve men and women who are homeless and battling addiction.*



A Case of Mixed Emotions: Love and Fear of God in Jewish Thought: Marc Ashley's Adult Ed Course Continues Mondays, May 6 and May 13 at 7:30 pm

The very first word of the first paragraph of the Shema prayer instructs – indeed commands – us to love God, with all our heart, soul and might. Yet Proverbs counsels us that the “beginning of wisdom is the fear of God.” Those visceral emotions, at least at first glance, seem conflicting rather than complementary. So, which is the core and foundation of our relationship with God – love or fear? Which approach takes priority? Both love and fear of God are crucial religious directives but reconciling them can be challenging. No prior knowledge is required. Please come and participate in this important conversation on a crucial theme in Jewish thought through the ages. All congregants and their friends are welcome to join.



Talmud & Siddur Classes with Rabbi Bolton

Talmud Class. Select Wednesdays, 7:30-9:00 pm. May 15, June 5, June 12 (final class).

Siddur Class. Thursdays, 8:40-9:40 am. Meets through June 13 (final class).



Did you know 1 in 5 New Yorkers is food insecure?

1. Help package and distribute food pantry packages for families 9:00 am-12 pm Wednesday, June 5.

2. Volunteer to help serve a hot breakfast at the NY Common Pantry, 8 East 109th St., on Tuesday, May 21, 7:00 am-9:30 am. Volunteers plate meals in the kitchen for 150 to 200 people. Contact Lesley Palmer at hesed@orzarua.org to sign up or ask questions.

Monday Night Pasta and Salad at NCS 3rd and 4th Mondays of each month.

Or Zarua congregants serve hot food and good cheer at the Neighborhood Coalition for Shelter's East 81st Street Residence from 6:00 to 6:45 pm on the 3rd and 4th Mondays of each month. Volunteers needed as well as donations to the Hesed Fund. Contact Jeff Haberman, jeff32449@verizon.net.



SAVE THE DATE! 55th Annual Celebrate Israel Parade.

Sunday, June 2. Celebrate Israel's 71st birthday and all of her achievements. Join Or Zarua's contingent and march proudly behind our banner along Fifth Avenue along with 40,000 other marchers representing different American Jewish organizations

YOUTH AND FAMILY PROGRAMS

Youth Shabbat Services

Torah Tots (Infant-Pre-K), 11:00-11:45 am.

Torah Kids (Elementary School) weekly 11:00-11:45 am



Shabbat HaYeled Saturday, June 1, 10:30 am

Parents, children and all members of the Or Zarua Community: Celebrate Or Zarua's Youth on Shabbat HaYeled!



Shabbat & Me Saturday (Pre-School and younger)

Family Learning Experience (for Elementary, Middle, High School and parents)

Shabbat Buddies (for Middle and High School)

Then, all families will proceed to the sanctuary for the end of services when all children will be invited up to the bimah to lead the community in the concluding prayers. Families will join the congregation in a special kiddush celebrating all the youth of Or Zarua.

B'nei Mitzvah Cohort End-of-Year Party Monday, June 3, 7:00 pm

Members of our B'nei Mitzvah Cohort are invite to conclude the year with dinner and learning. RSVP to Sigal, shirsch@orzarua.org.

Shavuot & Me and Young Family Dinner Friday, June 7, 5:00 pm

Usher in Shabbat and get ready for Shavuot with Shavuot & Me! Welcome Shabbat together with songs, stories, simple prayers, and special Shabbat activities and learn all about Shavuot, when we celebrate receiving the Torah! *For families with children birth through age 6. Older siblings welcome.* Light dinner to follow. \$18/family, registration required. Register on Chaverweb by Tuesday, June 4.

Shalom Sing-A-Long Mondays, 10:15-11:00 am

Recommended for ages 1-4. Join us on Monday mornings for our Early Childhood morning music class! OrZarua-OrLatid.org/Shalom-Sing-A-Long/ to register, or drop in for any class. Newcomers: try a first class free, promo code "tryshalom."

Go to <http://orzarua-ortalid.org/calendar-2/> for the full Or L'Atid calendar and add it to your Google calendar!



For more information about Youth Programs and Hebrew School, contact Sigal Hirsch at (212) 452-2310 x15 or shirsch@orzarua.org, or visit www.orzarua-ortalid.org.

Power Down and CONNECT!

Help us create and maintain sacred spaces throughout Shabbat

Your voice, your spirit and your presence are the essentials.

Please don't let cell phones, electronics and other technology distract from our being together on Shabbat. We ask that all of our Or Zarua spaces in our synagogue building be tech-free on holidays and Shabbat. If you have questions about whether something is Yom Tov or Shabbat-friendly, do not hesitate to ask

Rabbi Bolton.